

Indoor air quality can suffer in the winter due to lack of ventilation. Help your family breathe easy with these simple steps.

# Start spring cleaning early



Household dust can store allergens and indoor pollutants. Stop them in their tracks with a **HEPA filter** vacuum.

# Make mopping a habit



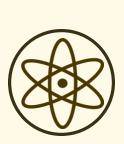
Mopping is more effective at picking up dust than sweeping and vacuuming. Even a quick wipe down without soap or cleaners is beneficial.

### Use safe products



Synthetic fragrances and cleaning agents can introduce chemicals to your home that may be toxic. Using products with the **EPA's Safer Choice** label can reduce the risk.

#### Test for radon



Radon is a colorless, odorless gas that has been linked to lung cancer. Any home in New Jersey can have a radon problem. Testing is easy and radon can be managed.

### Learn more about radon at:

www.nj.gov/dep/rpp/radon/radontes.htm



## Find more infographics at:

www.nj.gov/dep/aqes/sustainabilityinfographics.html

